

PANINIS AND WRAPS

Garlic Panini - Filled with breast of chicken, with garlic sauce, mixed peppers, red onion and mozzarella ~ €5.50

Cajun Panini - Filled with breast of chicken with cajun sauce, mixed peppers, red onion and cheddar ~ €5.50

Taco Combo Panini - Filled with spicy chicken and bacon, red onion, cheddar, tomatoes and taco sauce ~ €5.50

Cajun Wrap - Spicy cajun chicken breast, with cajun sauce, mixed peppers, red onion and mozzarella cheese wrapped in a grilled tortilla ~ €4.95

Garlic Wrap - Grilled chicken breast, with garlic sauce, red onion, cherry tomatoes and mozzarella cheese wrapped in a grilled tortilla ~ €4.95

Taco Wrap - Taco crispy bacon, with taco sauce, red onion, mixed peppers and cheddar cheese wrapped in a grilled tortilla ~ €4.95

Spicy Chicken and Bacon Wrap - Spicy chicken breast and crispy bacon, cherry tomatoes, red onion, cheddar cheese and taco sauce wrapped in a grilled tortilla. ~ €4.95



BAGELS

Cream Cheese & Bacon ~ €5.25
Creamy cheese & crispy bacon

Tuna Cheese Melt ~ €5.25
Tuna in mayo with melted cheddar cheese

B.L.T. ~ €5.25
Bacon, lettuce tomato & mayo

Classic ~ €5.25
Chicken, bacon, tomato, cream cheese, red onion, lettuce & mayo

Veggie ~ €5.25
Taco sauce, sundried tomato, onion, sweetcorn, rocket leaves, cucumber & mixed peppers

BREAKFAST

Jaffas Breakfast ~ €6.95
2 bacon, 2 sausages, pudding, egg, beans or tomato, toast & tea or coffee

Mini Breakfast ~ €5.50
1 bacon, 1 sausage, 1 egg, pudding, toast & tea or coffee

Poached Eggs & Bacon ~ €5.95
2 freshly poached eggs, grilled crispy bacon, grilled tomato, toast & tea or coffee

French Toast ~ €4.95
2 slices of toasted baguette smothered with maple syrup and served with bacon

SANDWICHES

B.L.T. ~ €4.20
Crispy bacon, lettuce, tomato & mayo

Turkey Delight ~ €4.20
Turkey, stuffing, cranberry, mayo & lettuce

Taco Combo ~ €4.95
Spicy chicken & bacon, onion, iceberg lettuce, cherry tomato, grated cheddar & taco sauce

The Classic ~ €4.95
Chicken, crispy bacon, cheese, iceberg lettuce & tomato with mayo

Triple Decker ~ €4.95
Three slices of toasted bread layered with taco mayo and filled with tomato, shredded iceberg lettuce, spicy chicken breast and bacon

Smooth'n' Crispy ~ €4.20
Smooth egg mayo, crispy bacon, tomato and shredded iceberg lettuce

Truly Stuffed ~ €4.20
Chicken breast, crispy bacon, stuffing and mayo

The Regular ~ €4.20
Sliced ham, cheddar cheese, ballymaloe relish and mayo

or how about creating your own sandwich...

WAISTWATCHERS

Tuna Wrap - crispy iceberg lettuce, red onion, tomato and mayo in a soft tortilla wrap. ~ €4.95

Turkey Wrap - mayo, cranberry sauce, turkey, red onion and peppers, stuffing and crispy iceberg lettuce in a soft tortilla wrap. ~ €4.95

Chicken Salsa Wrap - Mexican salsa, fresh spicy chicken breast, red onions and peppers in a soft tortilla wrap. ~ €4.95

Caesar Wrap - crispy iceberg lettuce, chicken breast and crispy bacon, cherry tomatoes, Caesar dressing and parmesan in a soft tortilla wrap. ~ €4.95

Spicy Chicken & Bacon Pitta - taco mayo, crispy iceberg lettuce, spicy chicken breast and crispy bacon, red onion and cherry tomatoes in a pitta. ~ €4.95



SALADS

Chicken Bacon Caesar - Cos lettuce, cherry tomatoes, red onion, croutons, chicken breast, crispy bacon and topped with parmesan cheese ~ €5.50

Tuna - Mixed leaves, cherry tomatoes, red onion, cucumber, tuna mayonnaise and sweetcorn ~ €5.50

Greek - Mixed leaves, cherry tomatoes, red onion, olives and feta cheese ~ €5.50

Spicy Chicken and Bacon - Shredded iceberg lettuce, cherry tomatoes, red onion, cucumber topped with cajun spiced chicken breast and crispy bacon ~ €5.50

Spicy Chicken and Brie - Lightly spiced chicken breast with melted brie cheese on a bed of shredded iceberg lettuce with red onion, sundried tomatoes and cucumber ~ €5.50

SIDE ORDERS & DIPS

Side Orders ~ € 2.00
Fries / Wedges / Side Salad

Dips ~ € 0.90
Garlic / Cajun / Taco / Sweet Chili Mayo

JACKET POTATOES

Baked Potatoes - ~ €5.95
"Try one of our delicious baked potatoes,

choose any two of the following fillings"

Grilled Chicken, Crispy Bacon, Tuna, Beans, Cheddar, Brie, Mozzarella, Cream Cheese, Sweetcorn, Red Onion, Coleslaw, Sundried Tomatoes, Mixed Peppers, Sour Cream.

